Monthly Forecast for Cameron Diaz

**The Sun in Taurus**
From 14 May 19 To 22 May 19 17:16
Use the strength available now to consolidate any shaky areas of your life. Be tenacious. Also enjoy the sensual side of life.

**The Sun in the 10th House**
From 14 May 19 To 15 May 19 00:25
You shine in the public arena. Profession, social status and marital status are the focus now.

**The Sun Sextile Venus**
From 14 May 19 To 14 May 19 16:09
Anxiety and worries can arise through crossed lines. Try not to force communications.

**The Sun in the 11th House**
From 15 May 19 00:25
As the Sun moves through the 11th House of friends, groups and social connections your self-knowledge is boosted through these areas. This is an auspicious time to reassess your personal goals, discuss them with friends and attract networks that support you. It is time to reach out and connect.

**The Sun Quincunx Jupiter**
From 20 May 19 03:00 To 22 May 19 05:23
Exact 21 May 19 04:11
Caution is advised today for many reasons but mostly because you may not be striking the right balance between self expression and your drive to get ahead. Take care with machinery and stay away from dangerous situations and this can be a combative time. If you are not cautious you could alienate the very people who can help you. A little diplomacy and self-restraint although frustrating for you at the moment, can be very helpful. If you are feeling very frustrated by the need to involve other people in your equation, then you may benefit from a physical outlet. Sports, martial arts etc could be helpful.

**The Sun Trine Pluto**

From 22 May 19 16:13 To 24 May 19 18:36

Exact 23 May 19 17:25

This a time for pondering options rather than making hard and fast decisions. Your vitality is likely to be a little low right now so you are best advised to take your time when it comes to making irrevocable moves. You need to let go and trust your intuition. If you can find the time then you could record your dream, jot down any inspirational ideas or perhaps find a creative outlet for self-expression. You may not have clarity right now, but it will come later.

**The Sun in Gemini**

From 22 May 19 17:16

It is time to be curious, communicative, versatile and talkative. Make the most of good news, contracts and communications that come your way.

**The Sun Sesquisquare Uranus**

From 22 May 19 21:43 To 25 May 19 00:07

Exact 23 May 19 22:55

Some days you can feel like you are treading water, getting nowhere no matter how hard you try. Today is such a day. Obstacles seem to be strewn along your path. You may even feel a little down, unappreciated and that your achievements count for little. The time has come for you to reflect, realistically and not pessimistically, on the truth. Is this just a temporary period of frustration or do you need to mark some more serious decisions so that you can fully express yourself. Right now steady accomplishment is the way to go. The trick is to let go of anything that has outlived its value and wait to see what emerges.

**The Sun Semisquare Chiron**

From 23 May 19 10:11 To 25 May 19 12:34

Exact 24 May 19 11:22

Your biological urges are powerful right now but they may be a little out of balance. Try to direct your energies into positive outlets. A new empowering exercise regime or a debating team may provide a channel for your pent-up energy. You can enjoy this time
of extra energy but only if you direct it wisely and avoid conflict. Enjoy the feelings but avoid the seven deadly sins!

**The Sun Opposition Neptune**

From 24 May 19 08:31 To 26 May 19 10:55

Exact 25 May 19 09:43

The urge to be impulsive is strong right now. However you really do need to think before you act. Otherwise you could react rashly. Resist the urge to react in a heated manner if you can. With a steady rein you are able to breakthrough obstacles in innovative ways. Alternatively let go of any urge to control situations or projects that are out of your control and take a few days to walk away and consider all of your options. This way you can make decisions that are in your own best interests without alienating those around you.

**The Sun Semisquare Venus**

From 28 May 19 07:37 To 30 May 19 10:02

Exact 29 May 19 08:49

Anxiety and worries can arise through crossed lines. Try not to force communications.

**The Sun Square Mars**

From 31 May 19 22:25 To 03 Jun 19 00:51

Exact 01 Jun 19 23:38

Despite a little tension, this is an auspicious time for love and affection. Enjoy the company of your nearest and dearest but don't overindulge.

**The Sun Trine Uranus**

From 07 Jun 19 15:54 To 09 Jun 19 18:20

Exact 08 Jun 19 17:07

Some days you can feel like you are treading water, getting nowhere no matter how hard you try. Today is such a day. Obstacles seem to be strewn along your path. You may even feel a little down, unappreciated and that your achievements count for little. The time has come for you to reflect, realistically and not pessimistically, on the truth. Is this just a temporary period of frustration or do you need to mark some more serious decisions so that you can fully express yourself. Right now steady accomplishment is the way to go. The trick is to let go of anything that has outlived its value and wait to see what emerges.

**The Sun Sextile Chiron**

From 08 Jun 19 04:22 To 10 Jun 19 06:47
Your biological urges are powerful right now but they may be a little out of balance. Try to direct your energies into positive outlets. A new empowering exercise regime or a debating team may provide a channel for your pent-up energy. You can enjoy this time of extra energy but only if you direct it wisely and avoid conflict. Enjoy the feelings but avoid the seven deadly sins!

**The Sun Conjunction Saturn**

From 11 Jun 19 06:21 To 13 Jun 19 08:45

On the whole you are confident and optimistic during this period but you also make adjustments in the way that you conduct your affairs. Make the most of this sunny period to expand your horizons but don't push your luck. It behoves you to be the bigger person in certain situations. This is your chance to let go of negative behaviour and thoughts and to move forward with your goals.

**Mercury in Taurus**

From 14 May 19 To 16 May 19 19:59

Time to pursue traditional knowledge. Learn from your elders and other wise counsel. Make solid plans. Sign contracts.

**Mercury in the 11th House**

From 14 May 19 To 28 May 19 05:54

Friends, social contacts and study groups stimulate new thinking. Be gregarious. Learn from others.

**Mercury Quincunx Jupiter**

From 15 May 19 16:29 To 16 May 19 14:43

Exact 16 May 19 03:35

Physical and mental pastimes can be frustrating during this transit. You have some bright ideas but perhaps not the energy to carry them out. On the other hand you may have plenty of energy but your plans seem to go awry. Persistent effort should eventually pay dividends.

**Mercury Trine Pluto**

From 16 May 19 19:31 To 17 May 19 17:58

Exact 17 May 19 06:43

You are likely to have difficulty focusing on anything at the moment. You may be mentally confused, a bit out of sorts. Someone or something may have made a dent in
your usual confident attitude to life. The best thing to do is to do nothing. Rest, relax and be kind to yourself. Listen to soothing music, take a walk by the lakeside, or meditate in a room of your own. Make sure that you surround yourself with uplifting people and pastimes.

**Mercury in Gemini**

From 16 May 19 19:59 To 01 Jun 19 12:33

Conversation and information abound. Enjoy books, letters, magazines, the media, computers - anything that brings knowledge.

**Mercury Sesquisquare Uranus**

From 16 May 19 21:57 To 17 May 19 20:26

Exact 17 May 19 09:10

Delays can be frustrating but they can sometimes also cause you to take an alternative route that is far more satisfying. You may not realise how narrowly focussed you are being in your thinking. Take another look at aspects of your life that may be troubling you right now.

**Mercury Semisquare Chiron**

From 17 May 19 03:30 To 18 May 19 02:01

Exact 17 May 19 14:44

Something is troubling your mind. Perhaps it is a project, or a communication or contract with another person. Has some news upset you? So that you don't become too obsessed with worries you may find it useful to consult someone professional in relation to this problem. On the other hand you may benefit from some soothing intellectual distractions. Either way it is time to adjust your thinking and let go of outmoded ideas. You may need to let go of a person, project or contract rather than let negative thoughts drag you down.

**Mercury Opposition Neptune**

From 17 May 19 13:27 To 18 May 19 12:04

Exact 18 May 19 00:44

This can be an exciting period or a nervous one as your mind is stimulated with new ideas. Mental tension can be a welcome or unwelcome visitor depending on your basic nature. Nevertherless this is the sign of the times right now and so you would be well advised to be flexible rather than have a rigidity of mind. Welcome interuptions rather than be irritated by them. Embrace some radical new thoughts.

**Mercury Semisquare Venus**

From 19 May 19 08:21 To 20 May 19 07:29
Right now you expend much energy on communications. Your mind is active. This is a time of hour to hour problem solving. You may be restless. Try to focus on what you do best.

**Mercury Square Mars**

From 21 May 19 00:21 To 22 May 19 00:03

This is the classic writer's block transit. You are eager to move forward with a romance, an artistic project or a stimulating pastime but you can't seem to make any progress. Patience is sorely needed right now. Perhaps try to think outside the square but don't force the issue.

**Mercury Trine Uranus**

From 24 May 19 05:37 To 25 May 19 06:39

Delays can be frustrating but they can sometimes also cause you to take an alternative route that is far more satisfying. You may not realise how narrowly focussed you are being in your thinking. Take another look at aspects of your life that may be troubling you right now.

**Mercury Sextile Chiron**

From 24 May 19 11:46 To 25 May 19 12:55

Something is troubling your mind. Perhaps it is a project, or a communication or contract with another person. Has some news upset you? So that you don't become too obsessed with worries you may find it useful to consult someone professional in relation to this problem. On the other hand you may benefit from some soothing intellectual distractions. Either way it is time to adjust your thinking and let go of outmoded ideas. You may need to let go of a person, project or contract rather than let negative thoughts drag you down.

**Mercury Conjunction Saturn**

From 26 May 19 00:51 To 27 May 19 02:44

Your mind is quite sharp and you are keen to learn new things during this transit, but something is also frustrating you. Your usual ideas and beliefs are being challenged and this is the ideal time to reassess your values. You can let go of outmoded ideas and adopt new beliefs.
**Mercury in the 12th House**
From 28 May 19 05:54
Time to reflect, meditate, pray. Behind the scenes decisions come from inner reflection.

**Mercury Opposition Jupiter**
From 31 May 19 00:56 To 01 Jun 19 05:40
Exact 31 May 19 15:13
Physical and mental pastimes can be frustrating during this transit. You have some bright ideas but perhaps not the energy to carry them out. On the other hand you may have plenty of energy but your plans seem to go awry. Persistent effort should eventually pay dividends.

**Mercury Square Pluto**
From 01 Jun 19 11:57 To 02 Jun 19 17:38
Exact 02 Jun 19 02:41
You are likely to have difficulty focusing on anything at the moment. You may be mentally confused, a bit out of sorts. Someone or something may have made a dent in your usual confident attitude to life. The best thing to do is to do nothing. Rest, relax and be kind to yourself. Listen to soothing music, take a walk by the lakeside, or meditate in a room of your own. Make sure that you surround yourself with uplifting people and pastimes.

**Mercury in Cancer**
From 01 Jun 19 12:33
Communicate with your family. Collect and collate family photos or study family history.

**Mercury Quincunx Neptune**
From 02 Jun 19 11:37 To 03 Jun 19 18:00
Exact 03 Jun 19 02:42
This can be an exciting period or a nervous one as your mind is stimulated with new ideas. Mental tension can be a welcome or unwelcome visitor depending on your basic nature. Nevertherless this is the sign of the times right now and so you would be well advised to be flexible rather than have a rigidity of mind. Welcome interuptions rather than be irritated by them. Embrace some radical new thoughts.

**Mercury Sextile Mars**
From 07 Jun 19 05:52 To 08 Jun 19 16:10
Exact 07 Jun 19 22:51
This is the classic writer's block transit. You are eager to move forward with a romance, an artistic project or a stimulating pastime but you can't seem to make any progress. Patience is sorely needed right now. Perhaps try to think outside the square but don't force the issue.

**Mercury Square Uranus**

From 12 Jun 19 01:09

Exact 12 Jun 19 20:49

Delays can be frustrating but they can sometimes also cause you to take an alternative route that is far more satisfying. You may not realise how narrowly focussed you are being in your thinking. Take another look at aspects of your life that may be troubling you right now.

**Mercury Square Chiron**

From 12 Jun 19 10:48

Exact 13 Jun 19 06:45

Something is troubling your mind. Perhaps it is a project, or a communication or contract with another person. Has some news upset you? So that you don't become too obsessed with worries you may find it useful to consult someone professional in relation to this problem. On the other hand you may benefit from some soothing intellectual distractions. Either way it is time to adjust your thinking and let go of outmoded ideas. You may need to let go of a person, project or contract rather than let negative thoughts drag you down.

**Mercury Sesquisquare Neptune**

From 13 Jun 19 04:27

This can be an exciting period or a nervous one as your mind is stimulated with new ideas. Mental tension can be a welcome or unwelcome visitor depending on your basic nature. Nevertherless this is the sign of the times right now and so you would be well advised to be flexible rather than have a rigidity of mind. Welcome interuptions rather than be irritated by them. Embrace some radical new thoughts.

**Venus in the 10th House**

From 14 May 19 To 03 Jun 19 16:41

As the planet of pleasure moves through the 10th House of your Birth Chart it is time to enjoy your career. Now is your time to connect with and possibly delight in the company of a significant woman. You could also enhance your profession with some creative ideas during this period.

**Venus Trine Jupiter**

From 14 May 19 To 15 May 19 14:40
Love and money may be somewhat frustrating during this period. You may desire to move forward and experience some romance, or spend some of your income, but the moment is not quite right. You would be better showing patience with loved ones and being restrained in your spending habits. If someone is demanding that you loosen the pursestrings then rather than saying an outright "no" try soothing the situation with a financial plan.

**Venus Quincunx Pluto**

From 15 May 19 23:13 To 17 May 19 14:55

Exact 16 May 19 19:04

There is a saying about a fool and his/her money being easily parted. Your challenge at the moment is to avoid spending money on frivolous items. At the same time you could reassess your spending habits. This is also a time when you may let go of your expectations of friends and loved ones. In other words you need to adjust your attitude to money and love.

**Venus Quincunx Neptune**

From 17 May 19 06:58 To 18 May 19 22:39

Exact 18 May 19 02:48

An exciting creative person or project suddenly comes to light creating a little tension. Your path is unpredictable at the moment and you are best advised to go with the flow rather than resist the current.

**Venus Semisquare Saturn**

From 18 May 19 23:36 To 20 May 19 15:16

Exact 19 May 19 19:26

Want to party? Resist the urge to be distracted. Now is the time to discover your true heart's desire. This could be a person, a vocation, or an artistic hobby.

**Venus Trine The Sun**

From 21 May 19 01:16 To 22 May 19 16:54

Exact 21 May 19 21:05

Anxiety and worries can arise through crossed lines. Try not to force communications.

**Venus Trine Mars**

From 23 May 19 06:02 To 24 May 19 21:39
People - or a particular person you love - need your company and counsel. You may feel irritated by the interruptions but rewards are likely to flow if you are considerate and diplomatic.

Venus Sesquisquare Jupiter

From 26 May 19 08:23 To 27 May 19 23:58

Exact 27 May 19 04:11

Love and money may be somewhat frustrating during this period. You may desire to move forward and experience some romance, or spend some of your income, but the moment is not quite right. You would be better showing patience with loved ones and being restrained in your spending habits. If someone is demanding that you loosen the pursestrings then rather than saying an outright "no" try soothing the situation with a financial plan.

Venus Sesquisquare Pluto

From 28 May 19 08:29 To 30 May 19 00:02

Exact 29 May 19 04:16

There is a saying about a fool and his/her money being easily parted. Your challenge at the moment is to avoid spending money on frivolous items. At the same time you could reassess your spending habits. This is also a time when you may let go of your expectations of friends and loved ones. In other words you need to adjust your attitude to money and love.

Venus Quincunx Uranus

From 28 May 19 12:48 To 30 May 19 04:22

Exact 29 May 19 08:35

Partnerships, business or personal, can prove frustrating right now. You are seriously considering your options but having some difficulty getting your point across or taking action. Take your time.

Venus Square Mercury

From 31 May 19 15:49 To 02 Jun 19 07:20

Exact 01 Jun 19 11:34

Right now you expend much energy on communications. Your mind is active. This is a time of hour to hour problem solving. You may be restless. Try to focus on what you do best.

Venus Sextile Venus
Your social plans seem to go awry during this transit. If you are a flexible person who enjoys spontaneity then you may enjoy this erratic time. However, if you are a steady person then you may find it somewhat nerve-wracking. Your romantic life and your personal finances are also subject to the vagaries of the changeable planet Mercury. Try to go with the flow and avoid making irreparable decisions.

**Venus Conjunction The Moon**

From 02 Jun 19 12:54 To 04 Jun 19 04:24

Exact 03 Jun 19 08:39

Right now it would be best if you stop to think before you speak. Otherwise misunderstandings are likely to occur. Count to ten and then express your feelings calmly. It is just a question of finding the right words. Compassion could be at the forefront of your mind.

**Venus in the 11th House**

From 03 Jun 19 16:41

Your social life is blossoming. Enjoy clubs, groups, hobbies and pastimes.

**Venus Quincunx Jupiter**

From 07 Jun 19 16:44 To 09 Jun 19 08:09

Exact 08 Jun 19 12:27

Love and money may be somewhat frustrating during this period. You may desire to move forward and experience some romance, or spend some of your income, but the moment is not quite right. You would be better showing patience with loved ones and being restrained in your spending habits. If someone is demanding that you loosen the pursestrings then rather than saying an outright "no" try soothing the situation with a financial plan.

**Venus Trine Pluto**

From 09 Jun 19 16:38 To 11 Jun 19 08:01

Exact 10 Jun 19 12:20

There is a saying about a fool and his/her money being easily parted. Your challenge at the moment is to avoid spending money on frivolous items. At the same time you could reassess your spending habits. This is also a time when you may let go of your expectations of friends and loved ones. In other words you need to adjust your attitude to money and love.

**Venus Sesquisquare Uranus**
Partnerships, business or personal, can prove frustrating right now. You are seriously considering your options but having some difficulty getting your point across or taking action. Take your time.

**Venus Semisquare Chiron**

From 10 Jun 19 06:40 To 11 Jun 19 22:03

Exact 11 Jun 19 02:22

Your interactions with others may be intense right now. Express yourself honestly and then step back and allow others to discover their truth.

**Venus Opposition Neptune**

From 11 Jun 19 00:08 To 12 Jun 19 15:30

Exact 11 Jun 19 19:49

An exciting creative person or project suddenly comes to light creating a little tension. Your path is unpredictable at the moment and you are best advised to go with the flow rather than resist the current.

**Mars in the 9th House**

From 14 May 19

Life can be adventurous now. Explore, travel, study or take a spiritual course.

**Mars Square Jupiter**

From 15 May 19 14:46 To 18 May 19 08:37

Exact 16 May 19 23:40

It is survival of the fittest right now, whether on the sports field or in the workaday life. Be productive rather than destructive.

**Mars Opposition Pluto**

From 21 May 19 17:02

Exact 20 May 19 07:54

The desire to escape is strong, perhaps inspired by a wonderful project or person; or maybe you are tired. Don't push. Take some quiet time. Have faith that all will be well.
The urge to be impulsive is strong. This could be because of heightened emotions - excitement or anger. Changes are afoot and you may be tempted to react in a rash manner. Resist any negative impulses if you can. Try to think before you speak or act. Observe your own behaviour and reactions, then move forward in a considered fashion. Letting go is the key, but you need to do so with wisdom rather than foolhardy behaviour. With a steady rein you are able to be innovative rather than reckless. This week is a busy one. You are likely to have several projects on the go at once. The urge to be impulsive is strong. However you need to resist if you can. With a steady rein you are able to breakthrough obstacles in innovative ways. However rash behaviour or decisions could lead you into hot water. This is a good time to prioritise. Write lists if you need to. Incorporate new activities, tasks and habits that enable you to break free from the past. At the same time let go of anything that is holding you back.

**Mars Sesquisquare Mercury**

From 24 May 19 11:57 To 27 May 19 06:48

Exact 25 May 19 21:20

This is the classic writer's block transit. You are eager to move forward with a romance, an artistic project or a stimulating pastime but you can't seem to make any progress. Patience is sorely needed right now. Perhaps try to think outside the square but don't force the issue.

**Mars Quincunx The Sun**

From 27 May 19 11:30 To 30 May 19 06:44

Exact 28 May 19 21:04

Despite a little tension, this is an auspicious time for love and affection. Enjoy the company of your nearest and dearest but don't overindulge.

**Mars Semisquare The Moon**

From 27 May 19 16:16 To 30 May 19 11:31

Exact 29 May 19 01:51

Your love life is a little unsettled. Try to relax and not obsess. Show restraint and reap the rewards.

**Mars Quincunx Mars**

From 31 May 19 05:05 To 03 Jun 19 00:46

Exact 01 Jun 19 14:53
Physical attraction is high on your agenda right now. Direct your energies wisely. There is a fine line between pleasure and pain.

**Mars Opposition Uranus**

From 09 Jun 19 07:07 To 12 Jun 19 04:03  
Exact 10 Jun 19 17:32

Discipline and endurance are required now. You need to resist any urges that you have to control situations or other people. This is an ideal time to know your priorities, pursue realistic goals and let go of anything that has outlived its use by date. Accomplish what you can. Any delays are likely to be fortuitous although you may now realise so now.

**Mars Conjunction Chiron**

From 10 Jun 19 00:07 To 12 Jun 19 21:09  
Exact 11 Jun 19 10:35

This can be a frustrating time in which your efforts to move forward in life appear to be thwarted. Try to direct your energy into positive pursuits. Don't push others. Strategise. Actions taken now will eventually have results or you will see why they were never meant to be.

**Mars Sesquisquare Neptune**

From 11 Jun 19 06:40  
Exact 12 Jun 19 17:14

The urge to be impulsive is strong. This could be because of heightened emotions - excitement or anger. Changes are afoot and you may be tempted to react in a rash manner. Resist any negative impulses if you can. Try to think before you speak or act. Observe your own behaviour and reactions, then move forward in a considered fashion. Letting go is the key, but you need to do so with wisdom rather than foolhardy behaviour. With a steady rein you are able to be innovative rather than reckless. This week is a busy one. You are likely to have several projects on the go at once. The urge to be impulsive is strong. However you need to resist if you can. With a steady rein you are able to breakthrough obstacles in innovative ways. However rash behaviour or decisions could lead you into hot water. This is a good time to prioritise. Write lists if you need to. Incorporate new activities, tasks and habits that enable you to break free from the past. At the same time let go of anything that is holding you back.

**Jupiter in the 10th House**

From 14 May 19

Jupiter is the planet known for generosity, expansiveness and joie de vivre. Ancient astrologers considered it to have a positive influence heralding abundance and expansiveness. Therefore you can expect these traits to influence the area of your Birth Chart currently under its influence. Your career and public life are highlighted as the expansive planet Jupiter moves through the 10th House of your Chart. During this time
you are likely to seek greater satisfaction from your chosen career. As a result you may seek and gain promotion, travel with your work, change jobs, or have the opportunity for further study to enhance your career. It is also possible that you take on a teaching or training role during this time. On the whole you seek more meaning and purpose. As US self-help speaker Earl Nightingale said: "We are at our very best, and we are happiest, when we are fully engaged in work we enjoy on the journey toward the goal we've established for ourselves. It gives meaning to our time off and comfort to our sleep. It makes everything else in life so wonderful, so worthwhile."

**Jupiter Trine Jupiter**

From 20 May 19 19:38 To 30 May 19 04:00

Exact 25 May 19 10:37

It's time to reassess your goals and, where necessary, let go of a few projects. The adjustments that you make now will ultimately help you achieve your goals further down the track. However, you may not find it easy making the necessary adjustments.

**Jupiter Quincunx Pluto**

From 01 Jun 19 05:38 To 11 Jun 19 04:05

Exact 06 Jun 19 03:05

Your religious views and personal ideals are challenged during this time. You may become disillusioned either with your own personal goals, or with the world in general. As a result you may let go of ideals of the past, and adopt a new belief system.

**Jupiter Quincunx Neptune**

From 09 Jun 19 03:08

It is out with the old and in with the new during this transit. You are letting go of goals and personal visions in order to take a new path. This could be difficult or it could be exciting, depending on the attitude which you are able to adopt during this topsy-turvy time.

**Saturn in the 7th House**

From 14 May 19

"The planet Saturn rules all that is durable, long-lasting, hardened and able to be structured like lead or concrete; industries like building or agriculture and businesses that have long range goals, are traditional and well-established." So says renowned astrologer Brian Clark. Therefore Saturn is likely to force you to slow down and restructure any area that it influences in your Birth Chart. You are required to seriously assess the value of the life areas influenced by this serious planet. When Saturn moves into the 7th House of your Birth Chart your relationship with your partner demands attention. It is possible that your partner's life changes in ways that demand you bear greater responsibilities within the partnership. You may reassess your priorities in both business and personal partnerships. This could result in a greater commitment to your partner, or it could be that you decide to end a serious relationship or close a business
contract. Marriages and divorces can both occur during this time. If you are not already in a serious relationship, then you may meet someone who has a significant influence on your life.

**Uranus in the 11th House**

From 14 May 19

Uranus is a planet that is full of surprises. It takes approximately 84 years to do a full circle around the Zodiac. This means that it moves slowly through each Zodiac Sign and its effects on your Birth Chart takes time to unfold. It is important to note that this erratic planet can affect your life in a variety of ways depending on how you cope with change. If you try to resist change then you may find this planet's effects somewhat of a challenge. If you welcome liberation then you are in for a joyride. The planet Uranus helps you break free from past chains and restrictions and form new and more joyful ways of interacting in your life. Your life may be disrupted but you are then free from thinking inside the box, and new horizons open up. The area of your Birth Chart influenced by this liberating force is likely to be awakened and stimulated. As Uranus moves into the 11th House of your Birth Chart you surround yourself with unusual and eccentric friends, and feel the urge to socialise as you have never done so before. This could mean joining groups, particularly groups which have a cause or it could simply be meeting new friends.

**Uranus Trine Uranus**

From 18 May 19 18:44

Exact 04 Jun 19 15:27

Life can take a sudden and unexpected twist in which you are challenged to let go of your normal support structures and face new horizons. While the new possibilities hold a certain amount of excitement, you may be disturbed by the rapid change of circumstances. However it is not time to tread the more comfortable road. You benefit more by embracing change.

**Uranus Sextile Chiron**

From 27 May 19 04:49

Exact 12 Jun 19 20:09

Times are changing and it is difficult to adjust. This could be literally a sudden change of events, or it could be that you have unexpectedly realised that a chain of events has led to changes deep within yourself. Perhaps you are being asked to let go in certain areas in your life or possibly you are being challenged to let go of old patterns of behaviour. Either way there is no going back. Success comes in embracing change, going with the flow and accepting that change can be positive.

**Neptune in the 6th House**

From 14 May 19

The planet Neptune takes approximately 164 years to circle the Zodiac. This
slow-moving planet's transits unfold slowly. It is therefore more significant to look at any exact transits that are occurring in your Birth Chart. Nevertheless it can be helpful to try to understand the effect of Neptune as it enters into and transits through a House in your Birth Chart. Neptune is the planet that urges us to search for meaning in our lives, to look beyond the structures and focus on purpose. For instance are you pursuing a career because of ambition and material rewards or is it your true purpose and fully satisfying? Therefore it is not uncommon for the initial effects of Neptune to be confusion and disillusion, perhaps even a sense of loss. Gradually awareness emerges and you are able to see what is underlying the illusions and what you can gain by changing your course and embracing values that truly enhance your journey in life. Neptune helps you see the truth of any situation and therefore live your own truth. As Neptune travels through your 6th House you need to take care of your health, taking particular care with drugs of any description. The trouble is that your body is overly-sensitive during this time. You may even develop or discover allergies. You may also feel somewhat lethargic, overwhelmed by the demands of a busy life. A good balance of rest, exercise and a healthy diet goes a long way towards helping you cope with the stress of a busy schedule. You may also benefit from seeking advice from alternative healers, or perhaps even exploring options for working as a healer or in a spiritual field.

**Neptune Conjunction Jupiter**

From 14 May 19

It is out with the old and in with the new during this transit. You are letting go of goals and personal visions in order to take a new path. This could be difficult or it could be exciting, depending on the attitude which you are able to adopt during this topsy-turvy time.

**Pluto in the 4th House**

From 14 May 19

Pluto is the slowest moving planet in the Solar System, taking approximately 248 years to complete a circle around the Zodiac. This slow-moving planet’s transits are long-lasting and initially pack a punch if you are not living according to your true natures. The more you are your authentic self, the more that you can embrace the positive side of Pluto. The author of the website Caf? Astrology puts it best when stating: "Pluto compels us to explore more deeply. Superficiality is not acceptable for Pluto. Pluto transits insist that we get in touch with our core purpose and our deep sense of power. New levels of intimacy, not only with others but also with ourselves, are discovered and uncovered." Currently you may feel that the foundations of your life - family and home - are changing and it is difficult to find a firm foothold. In effect the foundations of your life, which you believed to be sure, are cracking. This can be exciting if you enjoy the challenge of change, but most often it is a time which leaves you feeling vulnerable. The areas most affected by this transit are your home and family members. It is a time of intensity and upheaval on the homefront. Family members may leave home or come to stay disrupting the comfortable routine. It is also possible that you change homes during this transit. Whatever the circumstances you are being asked to delve into your personal life with a view to changing at a deep level. You will not feel like the same person by the end of this period.
## The Planets

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